

Crab Carry Race



When bad weather has you dreaming of sunnier times on the beach, play crab carry.

- Teach your little one how to walk like a crab by placing their palms and feet to the floor while raising their stomach up to face the sky.
- Staying in that pose, let them see how long they can balance something like a bean bag on their belly.
- Turn it into a Crab Carry Race.
- Place a line of tape on each side of the room or hallway.
- Start at one line in the crab walk position with an item resting on the player's belly.
- Crab walk without dropping the item as fast as they can to the other line of tape.
- The player who reaches the finish line without dropping the item first is the winner.